



SWEET POTATO CACAO BLISS BALLS

INGREDIENTS

- 1 small Sweet Potato, peeled and steamed or roasted
- 4 Medjool Dates, pitted
- ½ cup Coconut Oil, melted
- 1/3 cup Cacao Powder
- 1tsp Cinnamon
- 1 tbl Chia Seeds
- 1 cup Sunflower Seeds
- Desiccated Coconut for coating (approx. ½ cup)

DIRECTIONS

Grind seeds in food processor until smooth then add all other ingredients. Mix well and then roll into small balls.

Coat in desiccated coconut and refrigerate immediately.

Store in fridge.

Enjoy!